



## Southwestern Salmon Burgers

### Ingredients:

1 box frozen Member Mark Wild Salmon Burgers  
1 lime juice for seasoning  
½ tsp ground cumin & Chipotle Chile pepper  
Pam spray

### Nutritional Information:

- Servings: 1 burger
- Servings size: 1
- Calories: 130 kcal
- Carbohydrates: 0 g
- Sugar: 0 g
- Protein: 21 g
- Total Fat: 6 g
- Saturated Fat: 1 g
- Fiber: 0 g
- Sodium: 420 mg
- Cholesterol: 45 mg

### Instructions:

Season salmon burgers with ground cumin to hot pan. Cook 5-6 minutes on each side; do not overcook.